



Uganda /Sudan Mission

Dear Friends of Africa!

Thank you for your support! It has been a fruitful and busy year filled with many blessings! Through a united effort, the Jan/ Feb 2008 mission team visited our health and water projects in Uganda. The Keeles and I joined Calvary Chapel-Entebbe on a mission to war-torn Boma, Sudan. I treddged through IDP camps and villages in Northern Uganda locating the family of Nancy and Bosco, our children of war, while starting their adoption process (see insert). We joined Terry Fettig and friends in Kayunga to help with orphans sponsored by Billings families in Aunt Vicky's Primary School, a vision of Kenny's brother.

Through St. Vincent Healthcare Foundation/H2O Life, you all graciously donated over \$2,000 and many supplies toward the mission trip. Your donations provided medicines, wound care, supplies, hygiene kits, beds, bio-sand water filters, LifeStraws, hydrology survey and more! Here are some details of our visit: (See page 3).

I was so excited to see how the funds provided for healthcare through the clinics, family empowerment farm, orphanages and disabled school we support, are being utilized by the Ugandan nurses and the difference it has made. The clean water projects are successful beyond our expectations. The health improvement is impressive! We are very grateful to our newest board member, hydrologist Tom Osborne. His knowledge and expertise is invaluable to the quality of our water projects. (seen page 2 & 3). With ongoing support, we are helping the people of Uganda become more self-sufficient.

Billings 1st annual World Water Day 2008, Walk for Water awareness of the global water crisis was a huge success and supported by many community volunteers and participants of all ages. (see insert).

In addition, a forum was held about Children of War: Northern Uganda the 20 Year LRA War; featuring Sr. Mary Rose Atuu, survivor and advocate for the thousands of children abducted, brainwashed and subjected to becoming child soldiers and sex slaves. With awareness and support they look toward recovery and hope.

Apart from helping these kids and Kenny, my passion for the forgotten and lost continues....an impact, a solution and a difference is.... and can be made, even in small ways. Currently, we are fundraising for drip irrigation, oxen and seeds to give these war torn areas a self-start to a sustainable future. Also, a deep water well in Bugogge village is of great need (see insert). Your help is greatly appreciated! You have made a difference and I thank you from the depths of my heart. Bless you!

Nadine Hart, PA-C



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Restoring Hope through God's Love

Mission Team 2008



Angie and Tom Osborne, Johnnie and Karl Stark, Jenny and Mike Keele, Terry Fettig, Nadine Hart and Ugandan Partners

Clean Water Project - Kayunga, Uganda



"I am writing this because my life took a fork in the road last fall after learning about the desperate need for clean water in Africa and the tremendous work that was begun there under the St. Vincent Healthcare Foundation and Hope 2 One Life. As a professional hydrologist for over 30 years, I have been involved in many water supply projects for large and small communities, farms and homes throughout Montana and the northwest. As good as that work was, it seemed routine in that, throughout the western world, we take water for granted. We can always find it, develop it, treat it and drink lots of it, for a relatively little cost. After our trip to Uganda this February, I will never take it for granted again. One of the principal objectives of the 2008 trip was to install a water well at Aunt Vicky's primary school in Kayunga. Twenty-five of

the 700 students at this school are sponsored by Billings-area families. While there, I got to meet the Ugandan Hydrogeologist who conducted the "hydrology survey" of the school grounds. We were disappointed the drill rig was not available at the time of our visit. But within 2 weeks we received notice that a rig was free. Terry Fettig, unflinchingly returned to Uganda to see the drilling and well installation through to completion. Finally, the message we had all hoped for arrived....the drillers hit water- lots of good clean water! We are very thankful for all of you who contributed in large and small ways to this project. This success whetted our enthusiasm to drill more wells, and a grant application for another well in the Bugogge village area where children attending Aunt Vicky's live is in the planning stages. We give thanks to God for blessing the school well and ask for prayers for continuing the efforts to bring clean water to the wonderful people of Uganda."

Tom Osborne, P.H., HydroSolutions, Inc.



"After 30 years in the business, I have been long past the time when drilling water wells brings tears to my eyes, but this news did "

"Having seen the mudholes from which the children are forced to drink...this one well (Bugogge village) could save hundreds of lives..."

**-Tom Osborne,
Hydrologist,**

LifeStraws - Aunt Vicky's Primary School



Terry Fettig delivered 700 LifeStraws to the school children at Aunt Vicky's. The headmaster at the school reports 70% decrease in water related illnesses since the introduction of LifeStraws! We thank AIDSpirit Montana, the youth of Billings, Miles City and Beaufort, SC and all of you for your contributions! While visiting, our team provided handwashing, hygiene and nutrition training. Hygiene items donated by Junior League and



the community were distributed to the 25 children sponsored through AIDSpirit Montana. The children were home in Bugogge village for a month and many came back with scalp fungus and scabies (lack of clean water)...so lots of shampooing occurred! We conducted an outreach clinic in Bugogge village, sickle cell lecture and clinic at Tender Mercies Outreach Ministries, as



well as HIV/AIDs lecture to the local hospital and patients. In addition a bio-sand filter mould was funded by Holy Rosary Church in Billings and Terry secured training for TMOM staff through a CAWST instructor in Kampala.

Of course, a visit is not complete without caring for our Roger, crippled, and found to have a broken femur the night before we arrived...so he was taken to a special orthopedic hospital which turned out to be a godsend! Roger has TB of the spine, untreated for many years. He prays he will walk one day.



Our Visit

1. Mission to South Sudan, SSCDO/Calvary Chapel—Boma



It was a privilege to join Ps. Craig Linqvist, CC-Entebbe interns, bible college graduate and sudanese refugee John Kudumoch in his call to return to his people in war ravaged Boma, Sudan. Nadine taught villages and nurses hygiene, nutrition and wound care. Together we made a bio-sand filter, provided funds for more, assessed their water needs and participated in ministry/church plant. The area was very depressed from the war. They lack basic food, water and healthcare. We continue with recovery and support a much needed nutrition project...seeds and oxen.



2. Calvary Chapel Entebbe—Medical Outreaches



Ugandan nurse, Dianne continues to hold clinic and treat patients through CC-Entebbe. Nadine brought more medications and supplies. With the \$300 quarterly support, Dianne organizes monthly outreaches in the islands of Lake Victoria, whom lack access to medical care and immunizations. They collaborate with the Ugandan Ministry of Health as the islands are difficult to reach and only accessed by boat, which is provided by CC-Entebbe.



3. Northern Uganda Orphanages and Blind, Disabled School



Once again, we visited Kitgum Infant Orphan Care Center and supplied medicines, vitamins, hygiene training and bio-sand water filter implementation. They now have a nurse who utilizes our support to care for the orphans. Some of the older children have been placed in Tender Trust orphanage run by New Zealander, Lois Ford. We supply TT with \$75 monthly for healthcare. Together, Nadine and Lois consulted on wound and burn care. Northern Uganda Community Based Action for Children with Disabilities (NUCBACD) is a haven for those children who have been neglected and forgotten. Many injured and blind from the LRA war are nurtured in this school run by Sr. Teddi. A bio-sand water filter was also implemented (funded by Far Reaching Ministries). Nadine helped with wound care, delivered medicines and supplies. H2O Life supports their health care with \$75 monthly.

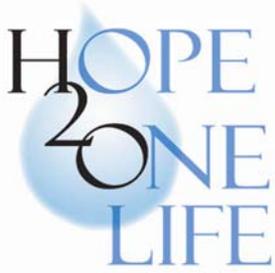


4. Family Empowerment Farm in Masindi - Uganda



The Family Empowerment farm is a fantastic haven where widows and orphans who have fled the LRA war in northern Uganda begin new lives. This Christian organization is working diligently to become self-sustaining. Tom Osborne writes, "During our visit to the Canaan Farm we witnessed firsthand the life-saving benefit of the two deep water wells (Atkinson Foundation and Calvary Chapel) and bio-sand water filters furnished with your help the previous year. We tested the sanitary quality and both water wells were free of total and fecal coliform bacteria. The 40 bio-sand filters constructed by the farm residents were checked and all but one found to be operating adequately. We saw how these filters were personally decorated and integrated into the fabric of each family's tukle" It empowered them greatly! The overall health improvement was dramatic! The project impacted 250 persons on the farm and approx 6,000 in the surrounding village. The clinic was stocked with medicines. Nadine, Suzan and Terry treated patients and malnourished babies from the surrounding village. Angie and Johnny taught hygiene, handwashing and nutrition. Your donations provided soap, shampoo, washcloths, wound care and more! Nadine taught malaria and disease prevention. The bed project was a huge success, as it gets the families off the ground preventing respiratory and skin diseases. The ladies each contributed a portion of their own money and the men built the beds (with supervision from Karl and Terry!) The men proudly showed us the latrines they had made after our teachings last year. Tom also writes, "Prior to our trip, we heard of the farm's desire to learn about irrigation to help sustain a passion fruit orchard (cash crop). Our visit coincided with the dry season and found one third of the vines had died due to heat stress and lack of water. We demonstrated drip irrigation that can be readily implemented with local materials and used to irrigate the orchard and individual gardens. The third well on the farm, unable to be completed for drinking water, is likely suitable for irrigation purposes with a power source and pump of adequate lift (60-ft). Another project envisioned by a young Ugandan fish management graduate is to create an aquiculture fish farm. A series of ponds could be constructed, fed by a mile-long diversion canal from the nearest stream. Needless to say, this is an engineering project of considerable size, but it holds great potential to provide a high-protein source to the farm and surrounding villages." We have ongoing fundraising efforts and future visits planned for these projects. Your help is greatly appreciated!





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*"Hope in the Lord renewed their strength, and with His strength, they soared on wings like eagles."
Isaiah 40:31*

Mission Vision Goal

MISSION: To provide hope, clean water, health care and educational resources for impoverished people.

VISION: Through personal contact and professional connection, HOPE 2 ONE LIFE, INC., supports water and sanitation projects, medical clinics, health care and education for people in need.

VALUES: Each life is valued. All persons are respected as human beings.

GOAL: Women and family empowerment toward self-independence and a sustainable future.

H2O Life is a faith-based, non-profit organization, currently operating under St. Vincent Health-care Foundation. 501c3 status is pending.



Beginning with One Life

Our community's interest in providing clean water and healthcare for under-developed countries began with the life of one boy, Kenneth Mwanje. In 2004, Kenny, a Ugandan with sickle cell disease was brought to Billings, Montana by Nadine Hart for medical care at St. Vincent Healthcare. He suffered from severe destruction of his hips making every step painful. The most important intervention to prevent painful crisis is vigorous hydration. Clean water is not available in many countries. This one boy is now blessed with two new hips by Dean Sukin,



MD, so he walks without pain. With Dr. Ed Malters, Dr. Marty Lucas and a team of physicians and healthcare providers, good nutrition and plenty of water, he now rarely has problems with sickle cell crisis. Illiterate, Kenny concentrated on his education through tutoring by many volunteers and Sylvan Learning, eventually attending Billings Central Catholic High School and Lincoln Center. He obtained his GED and now attends Rocky Mountain College. **Hope 2 One Life** is formed by those who have been touched by this young boy's life with the goal to help others like him by bringing them the resources of clean water, healthcare, education and the knowledge to care for these resources. *Thanks everyone so much for my greatest dream! May God Bless you. Kenny*

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World Water Day March 2008 - Walk for Water

The first event of its kind in Montana, Billings joined 65 other cities in the US to raise awareness of the global water and sanitation crisis. 165 **Volunteers** of all ages participated including: Billings Public High and Elementary Schools, Billings Catholic Schools, Churches, Youth Groups, Service Groups, college students, community individuals, families and more!



A special thanks to host MSU-Billings; prayer by Sr. Catrina Bones; and Proclamation reading by Mayor Ron Tussing.

The **5K and 1 mile Walk**, though chilly, was fun!

400 participants visited the booths represented

this year of the **5 Water Mission Projects**: Amani Development Organization, Tanzania; New Hope International Hospital, Tanzania; Aunt Vicky's Primary School, Uganda; Jireh Ministries, Uganda; and South Sudan Christian Organization/CC-Boma, Sudan.

The **Water and Sanitation Demonstrations**, included: LifeStraws, Bio-Sand Water Filtration, Drip Irrigation, Water Testing, Hygiene, Latrines, and Carrying Water.



The awareness was huge and net benefit was \$16,663 toward the above missions! We thank St. Francis, Poly Drive, and 1st Presbyterian youth who kicked off the drive for LifeStraw fundraising; Energy Laboratories and HydroSolutions for the deep water well donation to Aunt Vicky's Primary

School; West High Amnesty International; and all who contributed and participated in any way! All loved the entertainment and T-shirts!

Thank You Sponsors who made this event possible: Major Sponsor, St. Vincent Healthcare Foundation, Spence Accounts, 2M Company, HydroSolutions, Energy Laboratories, Cynroc Business Development. **In-Kind Donors**: MSU-Billings, Mountain Designs, Starbucks Coffee, Water Specialties, Hope 2 One Life.

The fantastic slide show/video can be viewed on U-Tube thanks to Justin Hutchinson: <http://www.youtube.com/watch?v=RUSRCnxVVoc>



Proclamation

- WHEREAS ~** The world water crisis is one of the largest public health issues of our time; and
- WHEREAS ~** nearly 1.1 billion people (roughly 20% of the world's population) lack access to safe drinking water; and 2.6 billion people (40% of the world's population) lack access to adequate sanitation; and
- WHEREAS ~** an estimated 4,500 children die per day due to lack of clean, safe drinking water; of the millions of deaths yearly, 90% were children under the age of 5; and
- WHEREAS ~** the United Nations has prioritized water access because it contributes to such widespread suffering, including increased poverty, high child mortality rates, depressed education levels and political instability; and
- WHEREAS ~** the United Nations passed a resolution in 1992 designating World Water Day as an international day of observance and action on March 22 of each year and celebrated within one week's time.

NOW THEREFORE I, Ron Tussing, Mayor of the City of Billings, Montana, do hereby proclaim Saturday, March 29, 2008 as:

WORLD WATER DAY

in the city of Billings, and call upon all citizens to observe the day, pause to reflect on the impact of the world water crisis. Furthermore, I encourage the citizens of Billings to participate in the Walk for Water awareness event and support any person or group within the community that is associated with taking **ACTION** on the world water crisis.

Ron Tussing, Mayor of Billings, Montana



You Have Made a Difference!



Save the Date for:

World Water Day March 21st, 2009

Water Project - Greatest Need

Praises - The Power of Prayer



We are grateful to Atkinson Foundation for the partial grant funding of \$5,000 toward the much needed Bugogge village deep water well and Kayunga district bio-sand water filter project. Their water source consists of small mud holes situated in low lying swamps for approximately 10,000 persons. This area is extremely poor and affected by HIV/AIDS and sickle cell disease...clean water is essential for survival. Approx \$5,000 more is needed to complete this project.

12 year old Bosco, child caregiver of 2 year old Nancy, children of the 20 Year LRA war in Northern Uganda, are now in Billings, to be adopted by Deke and Erryn Lundman. We first met Nancy and Bosco on our Nov 2006 mission and have supported and followed them since. We are grateful to Cheryl and John Morgan, the Zinser family and Calvary Chapel for their love and financial support without either, these children would have continued to be invisible. Thank you everyone for the many, many prayers!



How You Can Help: Future Needs

Current Clinics, Healthcare, Nutrition and Water/Sanitation Projects Hope 2 One Life supports:

Entebbe - Calvary Chapel Clinic and Lake Victoria Island Medical Outreaches

Kitgum - Tender Trust Orphanage

- Northern Uganda Community Based Action for Children with Disabilities (NUCBACD)
- Kitgum Infant Orphan Care Center (KIOCC)

Masindi - Family Empowerment Uganda (FEM)- Canaan Farm, Grace Community Clinic

Kayunga - Tender Mercies Outreach Ministries (TMOM)/ Bugogge Village/ Aunt Vicky's Primary School

Boma, Sudan - South Sudan Christian Development Organization (SSCDO)/ Calvary Chapel Boma



Please consider making a donation or pledge to help any of these medical clinics or water projects. Your donation can be made to the St. Vincent Healthcare Foundation H2O-Life Fund – Medical, Water, or Unrestricted. Any and all help is appreciated. It is amazing how a small amount of money can make such a difference. **100% of your donations go directly to Africa and is tax-deductible.** All travel expenses of team members are paid through their own personal finances or fundraising.

Here are a few examples:

- \$25 buys a malarial test kit (25 tests).
- \$6 buys a mosquito net.
- \$15 buys a first aid /hygiene kit.
- \$30 buys the construction of one bio-sand water filter for a family.
- \$25 will buy materials for a latrine.
- \$150 buys a C.U.R.E. kit (60 lb. kit equipped with wound and first aid supplies, basic instruments, medications, etc.)
- \$75 - \$150 per month supports a clinic/healthcare in Uganda
- \$20 supports drip irrigation for 2 rows
- \$350 buys 2 oxen
- \$100 buys treated seeds
- \$6.50 buys a LifeStraw

Send Donations to:

St. Vincent Healthcare Foundation
1106 N 30th Street
Billings, MT 59101
Attn: H2O Life-Africa Fund

Contact Us:

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hope2onelife@gmail.com